



Elementary School Lunch Menu November / December 2022



Ashtabula Area City Schools

TOGETHER - Preparing EVERY Student for Future Success

Monday	Taco Tuesday	Wednesday	Pasta Thursday	Pizza Friday
November 7, 2022	November 8, 2022	November 9, 2022	November 10, 2022	November 11, 2022
Chicken Mash Potato Bowl w/ wg Roll	PD DAY NO SCHOOL	Cheese Burger on a Wg Bun	Mini Cheese Ravioli w/ Meatsauce and Breadstick	BBQ Rubbed Chicken Villa Prima Pizza
Featured Veggies: Mash Potatoes Yellow Corn Choice of Fruit Choice of Milk		Featured Veggies: Side Salad French Fries Choice of Fruit Choice of Milk	Featured Veggies: Caesar Salad Broccoli/ Cheese Sauce Choice of Fruit Choice of Milk	Featured Veggies: Mixed Vegetable Seasoned Carrots Choice of Fruit Choice of Milk
This Week's Craveable...Build your Own Pizza Kit				
Monday	Taco Tuesday	Wednesday	Pasta Thursday	Pizza Friday
November 14, 2022	November 15, 2022	November 16, 2022	November 17, 2022	November 18, 2022
Boneless Chicken Wings Plain or BBQ wg roll	Walking Tacos w/ Sour Cream & Salsa	French Toast Sticks w/ Sausage patty	Thanksgiving Meal Roast Turkey Breast Herb Stuffing / Gravy w/ Roll	Dragon Fries w/BBQ Pork & Cheese Villa Prima Pizza
Featured Veggies: Celery Sticks Steamed Broccoli Choice of Fruit Choice of Milk	Featured Veggies: Seasoned Pinto Beans Lettuce and Tomato Cup Choice of Fruit Choice of Milk	Featured Veggies: Hash Brown Sliced Cucumbers Choice of Fruit Choice of Milk	Featured Veggies: Cranberry Sauce Mashed Potatoes Green Bean Casserole Dessert Choice of Milk	Featured Veggies: French Fries Steamed Peas Choice of Fruit Choice of Milk
This Week's Craveable...Turkey and Cheese Cheese Combo				
Monday	Taco Tuesday	Wednesday	Pasta Thursday	Pizza Friday
November 21, 2022	November 22, 2022	November 23, 2022	November 24, 2022	November 25, 2022
Popcorn Chicken w/ Wg Roll	Beef Taco w/ Tortilla Shells w/ Sour Cream & Salsa	NO SCHOOL		
Featured Veggies: Seasoned Rice Steamed Broccoli Choice of Fruit Choice of Milk	Featured Veggies: Cole Slaw Lettuce & Tomato Cup Choice of Fruit Choice of Milk	Thanksgiving Break		
This Week's Craveable...Yogurt Cheese Stick Combo				
Monday	Taco Tuesday	Wednesday	Pasta Thursday	Pizza Friday
November 28, 2022	November 29, 2022	November 30, 2022	December 1, 2022	December 2, 2022
Italian Meatball Sandwich on a Hoagie	Chicken or Cheese Quesadilla w/ Sour Cream & Salsa	Hot Dog on a Wg Bun	Chicken Alfredo w/ Breadstick	Asian Beef Stir Fry Villa Prima Pizza
Featured Veggies: Seasoned Fries Buttered Carrots Choice of Fruit Choice of Milk	Featured Veggies: Refried Beans Broccoli & Cheese Choice of Fruit Choice of Milk	Featured Veggies: Baked Beans Baby Carrots Choice of Fruit Choice of Milk	Featured Veggies: Side Salad Mixed Vegetable Choice of Fruit Choice of Milk	Featured Veggies: Seasoned Rice Green Beans Choice of Fruit Choice of Milk
This Week's Craveable...Build your own Taco Kit				
Monday	Taco Tuesday	Wednesday	Pasta Thursday	Pizza Friday
December 5, 2022	December 6, 2022	December 7, 2022	December 8, 2022	December 9, 2022
Toasted Cheese Sandwich	Buffalo Chicken Dip w/ Tortilla Chips	Potato and Cheese Pierogi	Macaroni & Cheese w/ Wg Roll	BBQ Ribby Sandwich on Wg Bun Villa Prima Pizza
Featured Veggies: Tomato Soup Roasted Red Potatoes Choice of Fruit Choice of Milk	Featured Veggies: Corn & Black Bean Salsa Broccoli Choice of Fruit Choice of Milk	Featured Veggies: Pinto Beans Cherry Tomatoes Choice of Fruit Choice of Milk	Featured Veggies: California Blend Corn Cobbette Choice of Fruit Choice of Milk	Featured Veggies: Cole Slaw Curly Fries Choice of Fruit Choice of Milk
This Week's Craveable...Breadstick Dipper				
Monday	Taco Tuesday	Wednesday	Pasta Thursday	Pizza Friday
December 12, 2022	December 13, 2022	December 14, 2022	December 15, 2022	December 16, 2022
Cheeseburger Tater Tot Bowl w/ Wg Roll	Nacho Grande w/ Tortilla Chips w/ Sour Cream & Salsa	Cheese Burger On a Wg Bun	Lasagna Roll Ups w/ Meat Sauce and Wg Roll	Buffalo Chicken Flatbread Villa Prima Pizza
Featured Veggies: Tater Tots Yellow Corn Choice of Fruit Choice of Milk	Featured Veggies: Seasoned Bean Dip Lettuce & Tomato Cup Choice of Fruit Choice of Milk	Featured Veggies: Onion Rings Baby Carrots Choice of Fruit Choice of Milk	Featured Veggies: Italian Salad Green Beans Choice of Fruit Choice of Milk	Featured Veggies: Baked Beans Broccoli Choice of Fruit Choice of Milk
This Week's Craveable...Super Fruit				
Student Paid Lunch \$0.90 Student Reduced Lunch \$0.00 Adult Lunch \$3.15				

LEAVE YOUR LUNCH BOX AT HOME!

DAILY ENTRÉE OPTIONS MAY INCLUDE:

Small Chef Salad w/ Whole Wheat Roll

PB & Jelly Craveable

Chicken Nuggets whole Wheat Roll

Weekly Craveable

- > Build your own Pizza Kit
- > Yogurt Cheese Stick ComboKit
- > Ham and Cheese Cubes
- > Breadstick Dipper
- > Super Fruit
- > Turkey and Cheese Cubes

What is a Meal?

You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of vegetable, choice of fruit, grain/ bread and choice of milk

1% White, Fat Free White
Fat Free Chocolate

A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup vegetable MUST accompany a reimbursable lunch!

Weekly Vegetable Subgroups

May include:
Dark green (spinach, broccoli, romaine, spring salad),
red/orange (carrots, sweet potatoes, tomatoes, red peppers),
beans/peas (legumes),
starchy (white potatoes, corn, peas, lima beans),
Other vegetables will include celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage, green peppers.

Daily Fruit Selections May Include:
Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, and Mandarin Oranges.

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Menu subject to change based upon product availability

This institution is an equal opportunity provider and employer.

For your convenience we now offer a way to pay online. Go to "www.pay.schoolscentral.com" to find out more.